

wegovy[®]

semaglutide injection **2.4 mg**

Your next step begins here

This guide will help you:

Learn how to
use your pen

Understand the
dosing schedule

Know what
to expect

Access support
and savings

Please see additional Important Safety Information throughout and Prescribing Information, including Medication Guide, at <https://www.novo-pi.com/wegovy.pdf>.

Use Wegovy[®] one time each week

Before using your pen for the first time, read the Instructions for Use and Medication Guide that come with your pen pack, and talk to your health care provider about how to use Wegovy[®] correctly. You can also always get support from a **WeGoTogether[®]** health coach. Learn more about **WeGoTogether[®]** on page 7.

You'll take the 0.25 mg dose once weekly for the first 4 weeks.



Store Wegovy[®] in the refrigerator and keep it in the original box to protect it from light. If needed, Wegovy[®] can be kept outside of the refrigerator with the pen cap still on for up to 28 days (46°F to 86°F).

After your first 4 weeks, you'll begin to increase your dose. Learn more about the full dosing schedule on page 5.

Get to know your Wegovy[®] pen



ONE-TIME USE ONLY:

- Use a new pen every time

PRESET DOSE:

- The dose is already set on your pen

HIDDEN NEEDLE:

- The needle is covered and will not be seen

Each dose of Wegovy[®] comes in 1 pack of 4 pens, like you see here.

1 PACK = 4 WEEKS OF TREATMENT



You may have received the first 4 weeks of Wegovy[®] (0.25 mg dose) in a starter kit

What is Wegovy[®]?

WEGOVY[®] (semaglutide) injection 2.4 mg is an injectable prescription medicine used with a reduced calorie diet and increased physical activity:

- to reduce the risk of major cardiovascular events such as death, heart attack, or stroke in adults with known heart disease and with either obesity or overweight.
- that may help adults and children aged 12 years and older with obesity, or some adults with overweight who also have weight-related medical problems, to help them lose excess body weight and keep the weight off.

Wegovy[®] contains semaglutide and should not be used with other semaglutide-containing products or other GLP-1 receptor agonist medicines.

It is not known if Wegovy[®] is safe and effective for use in children under 12 years of age.

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How to take Wegovy®

Preparation

Now that you're familiar with your pen, let's learn about preparation, injection, and disposal.

1

GATHER YOUR SUPPLIES:

Your Wegovy® pen, 1 gauze pad or cotton ball, 1 alcohol swab or soap and water, and 1 disposal container for your pen. See page 4 for more information on how to dispose of your pen.

2

WASH YOUR HANDS

3

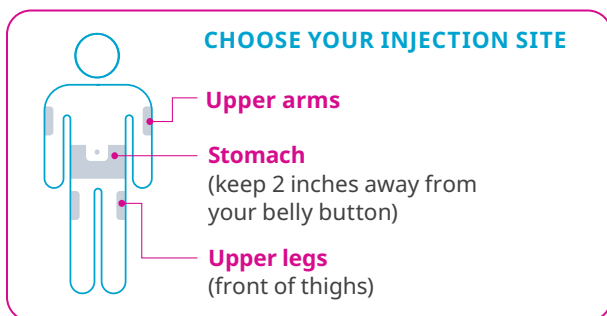
CHECK YOUR WEGOVY® PEN AND DO NOT USE IT IF:

- The pen appears to have been used, or any part of the pen appears broken; for example, if it has been dropped
- The medicine is not clear and colorless through the pen window
- The expiration date (EXP) on the back of the pen has passed

If you notice any of the above, call Novo Nordisk at 1-833-934-6891.

◀ Read the Instructions for Use and Important Safety Information before using your pen. ▶

Your health care provider can help you choose one of the areas listed below to inject Wegovy®. You can inject in the same part of your body each week, but make sure it is not in the exact same spot each time.



DO NOT INJECT INTO:

- An area where the skin is tender, bruised, red, warm, or hard
- Areas with scars or stretch marks

Make sure to clean the injection site with an alcohol swab or soap and water and to not touch the area after cleaning.

Important Safety Information

What is the most important information I should know about Wegovy®?

Wegovy® may cause serious side effects, including:

- **Possible thyroid tumors, including cancer.** Tell your healthcare provider if you get a lump or swelling in your neck, hoarseness, trouble swallowing, or shortness of breath. These may be symptoms of thyroid cancer. In studies with rodents, Wegovy® and medicines that work like Wegovy® caused thyroid tumors, including thyroid cancer. It is not known if Wegovy® will cause thyroid tumors or a type of thyroid cancer called medullary thyroid carcinoma (MTC) in people
- Do not use Wegovy® if you or any of your family have ever had a type of thyroid cancer called medullary thyroid carcinoma (MTC) or if you have an endocrine system condition called Multiple Endocrine Neoplasia syndrome type 2 (MEN 2)

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How to take Wegovy®

Injection

First, pull the pen cap straight off of the pen. Then, push the pen firmly against your skin to start the injection.

- You will hear 2 clicks during the injection, which takes about 10 seconds.
 - Click 1: Injection has started
 - Click 2: Injection is ongoing
- If you do not hear the first click and the yellow bar in the window does not start moving, press the pen more firmly against your skin
- When you hear the second click, keep holding down until the yellow bar stops moving and you reach 10 seconds



click
1



Click 1: Injection has started

[Click here for complete Instructions for Use.](#)

click
2



Click 2: Keep applying pressure until yellow bar stops moving



Yellow bar has stopped moving: Injection is complete. Slowly lift the pen away from your skin

10
SECONDS

◀ The injection takes about 10 seconds from the start of the first click. ▶

How to take Wegovy®

Disposal

SAFELY THROW AWAY THE PEN RIGHT AFTER USE



Do not throw the pen away in your household trash. Instead, use an FDA-cleared sharps disposal container or a sturdy household container with a tight-fitting lid, like a heavy-duty plastic container.



If blood appears at the injection site, press lightly with a gauze pad or cotton ball.

◀ Watch the Instructions for Use video at [StartWegovy.com](https://www.startwegovy.com) or speak with a **WeGoTogether®** Coach for more help. ▶

Important Safety Information

Do not use Wegovy® if:

- you or any of your family have ever had a type of thyroid cancer called medullary thyroid carcinoma (MTC) or if you have an endocrine system condition called Multiple Endocrine Neoplasia syndrome type 2 (MEN 2)
- you have had a serious allergic reaction to semaglutide or any of the ingredients in Wegovy®

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For adults:

Dosing with Wegovy®

You'll take Wegovy® on the same day each week, at any time of day, with or without food



- Start Wegovy® with a dose of **0.25 mg** (the dose you received in this kit) once per week for your **first month**



- For your **second month**, you can increase your weekly dose to **0.5 mg**
- For your **third month**, you can increase your weekly dose to **1 mg**
- For your **fourth month**, you can increase your weekly dose to **1.7 mg**



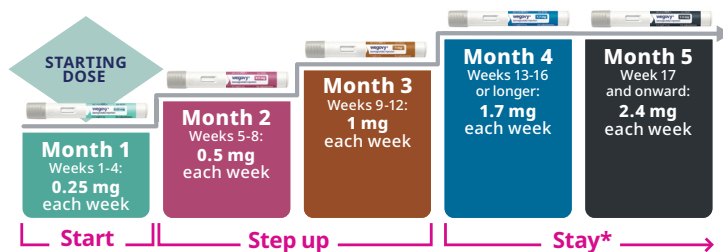
- For the **fifth month** onward, you may either stay at **1.7 mg** or increase to **2.4 mg**. Work with your health care provider to determine which dose is right for you

If you need to change the day of the week, you may do so as long as your last dose of Wegovy® was given 2 or more days before.

Check in with your health care provider while increasing your dose to track what's working for you and when you're ready to fill your next dose.

Wegovy® dosing schedule

Wegovy® comes in 5 different dose strengths, which are injected under the skin. **The starting dose is 0.25 mg** once a week, and you will gradually increase your dose every four weeks. Your health care provider can select either 1.7 mg or 2.4 mg for your maintenance dose.



*At month 5 and on, you may either stay at 1.7 mg or increase to 2.4 mg. Work with your health care provider to determine which dose is right for you.

If you have questions about dosing, please call your health care provider.

Important Safety Information

Before using Wegovy®, tell your healthcare provider if you have any other medical conditions, including if you:

- have or have had problems with your pancreas or kidneys
- have type 2 diabetes and a history of diabetic retinopathy
- have or have had depression, suicidal thoughts, or mental health issues

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Common side effects

Side effects of Wegovy® may include:

nausea	diarrhea	vomiting
constipation	stomach (abdomen) pain	headache
tiredness (fatigue)	upset stomach	dizziness
feeling bloated,	belching	gas
low blood sugar in people with type 2 diabetes		stomach flu
heartburn	runny nose	sore throat

Helpful tips

If you experience nausea, here are some tips that may help:



Eat bland, low-fat foods, such as crackers, toast, and rice



Eat foods that contain water, such as soup and gelatin



Don't lie down after you eat



Go outside and get some fresh air



Eat more slowly

◀ Talk to your health care provider if you experience any side effects, including nausea, while taking Wegovy®. ▶

Important Safety Information

Before using Wegovy®, tell your healthcare provider if you have any other medical conditions, including if you (cont'd):

- are scheduled to have surgery or other procedures that use anesthesia or deep sleepiness (deep sedation)
- are pregnant or plan to become pregnant. Wegovy® may harm your unborn baby. You should stop using Wegovy® 2 months before you plan to become pregnant
- are breastfeeding or plan to breastfeed. It is not known if Wegovy® passes into your breast milk

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Get personalized support with WeGoTogether®

With WeGoTogether®, you'll get free access to:



A live or digital coach
who stays connected with
you throughout treatment



The WeGoTogether® portal
to help you set tiny steps
and track your progress



Ongoing support to keep
you motivated

Scan the QR code to enroll in
WeGoTogether®



Save on Wegovy®



Don't pay full price at the pharmacy.
See if you qualify for Wegovy® savings.

Visit [Wegovy.com](https://www.wegovy.com) to request your savings card.

Important Safety Information

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Wegovy® may affect the way some medicines work and some medicines may affect the way Wegovy® works. Tell your healthcare provider if you are taking other medicines to treat diabetes, including sulfonylureas or insulin. Wegovy® slows stomach emptying and can affect medicines that need to pass through the stomach quickly.

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Important Safety Information (continued)

What are the possible side effects of Wegovy®?

Wegovy® may cause serious side effects, including:

- **inflammation of your pancreas (pancreatitis).** Stop using Wegovy® and call your healthcare provider right away if you have severe pain in your stomach area (abdomen) that will not go away, with or without vomiting. You may feel the pain from your abdomen to your back
- **gallbladder problems.** Wegovy® may cause gallbladder problems, including gallstones. Some gallstones may need surgery. Call your healthcare provider if you have symptoms, such as pain in your upper stomach (abdomen), fever, yellowing of the skin or eyes (jaundice), or clay-colored stools
- **increased risk of low blood sugar (hypoglycemia), especially those who also take medicines for diabetes such as insulin or sulfonylureas.** This can be a serious side effect. Talk to your healthcare provider about how to recognize and treat low blood sugar and check your blood sugar before you start and while you take Wegovy®. Signs and symptoms of low blood sugar may include dizziness or light-headedness, blurred vision, anxiety, irritability or mood changes, sweating, slurred speech, hunger, confusion or drowsiness, shakiness, weakness, headache, fast heartbeat, or feeling jittery
- **kidney problems (kidney failure).** In people who have kidney problems, diarrhea, nausea, and vomiting may cause a loss of fluids (dehydration), which may cause kidney problems to get worse. It is important for you to drink fluids to help reduce your chance of dehydration
- **severe stomach problems.** Stomach problems, sometimes severe, have been reported in people who use Wegovy®. Tell your healthcare provider if you have stomach problems that are severe or will not go away.
- **serious allergic reactions.** Stop using Wegovy® and get medical help right away, if you have any symptoms of a serious allergic reaction, including swelling of your face, lips, tongue, or throat; problems breathing or swallowing; severe rash or itching; fainting or feeling dizzy; or very rapid heartbeat
- **change in vision in people with type 2 diabetes.** Tell your healthcare provider if you have changes in vision during treatment with Wegovy®
- **increased heart rate.** Wegovy® can increase your heart rate while you are at rest. Tell your healthcare provider if you feel your heart racing or pounding in your chest and it lasts for several minutes
- **depression or thoughts of suicide.** You should pay attention to any mental changes, especially sudden changes in your mood, behaviors, thoughts, or feelings. Call your healthcare provider right away if you have any mental changes that are new, worse or worry you
- **food or liquid getting into the lungs during surgery or other procedures that use anesthesia or deep sleepiness (deep sedation).** Wegovy® may increase the chance of food getting into your lungs during surgery or other procedures. Tell all your healthcare providers that you are taking Wegovy® before you are scheduled to have surgery or other procedures

The most common side effects of Wegovy® may include: nausea, diarrhea, vomiting, constipation, stomach (abdomen) pain, headache, tiredness (fatigue), upset stomach, dizziness, feeling bloated, belching, low blood sugar in people with type 2 diabetes, gas, stomach flu, heartburn, and runny nose or sore throat.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

Get started today



Explore your web portal and connect with a health coach



Check your eligibility and get savings at [Wegovy.com](https://www.wegovy.com)



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